

The Baltic amber - succinite - is a natural fossilized resin. Initially it must have been used by plants as an antibiotic against viruses, a substance healing cuts or a plaster for wound dressing. Its mysterious, not yet fully recognised unusual properties have always aroused curiosity and exerted fascination on people. They evoked awe and respect, but never fear or dread as was the case with some precious stones. Amber inspired magicians, doctors, scientists and artists. They could see that it is a stone which is alive, which is constantly changing. Not much has changed since then in this respect. Amber is trying to communicate with us, but we are still unable to understand it and discover its secrets. We do not even know which tree produced this fantastic resin 40 million years ago. The treatment it gets in autoclaves destroys not only its aroma, but also its therapeutic power. This is confirmed in latest research and it may well be that amber so protects its fundamental secrets against careless, thoughtless destruction. Current research confirms what people have felt and believed in for centuries. There is magical power in the Baltic amber (succinite). It is an exclusively good power, worth getting familiar with and our protection.



Amber Treatment

- for stimulation of hair growth and improvement in hair quality. The treatment consists in the rubbing of amber powder into both the balding and the hair-covered parts of the head once every 2-3 days. The hair will start growing and improving in quality after 4-6 weeks;
- for treatment of thyroid gland diseases. The area above the thyroid gland should be massaged with amber powder for 3-5 minutes everyday for 10 days, and then every second day (also 10 massage sessions);
- for treatment of small blood vessels. The entire extremity should be massaged circularly and amber powder should be intensely rubbed-in until warm. The skin should also be massaged above the cervical spine for upper extremities, and above the lumbar spine for lower extremities. The treatment cycle covers 10 sessions on a daily basis and 10 sessions every other day. If necessary, the entire cycle may be repeated after a week's break for 1-3 months;
- amber suppositories are prepared by thorough mixing of 1 part of amber powder with 1 part of honey. They should be stored in the fridge and used for the treatment of haemorrhoids. To get rid of the unpleasant ailment, massage the sacral zone with amber powder and use amber-honey suppositories twice a day.

Amber oil prepared as described by R. Eysøñ neutralises mosquito and other insect bites, relieves pain and cramps by relaxation, strengthens hair follicles and removes dandruff. When added to your bath, 1-2 ml of amber oil make the skin supple.

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Baltic amber has been believed to have medicinal and therapeutic powers since time immemorial. The first records of its beneficial properties can be found in descriptions by Pliny the Elder and Hippocrates. The light and warm gemstone gives off a pleasant scent when warmed in the hands and a resinous smell when burnt; it picks up static when rubbed and attracts shreds of paper. For centuries amber was deemed to be one of the most important medicaments.



Amber Tincture

Today we know that Baltic amber contains from 3 to 8% amber acid. Scientific tests have proven its beneficial effect on living organisms. Amber is electronegative; therefore, when it comes in contact with the body, it ionises it in a beneficial way, improving the body's energy and electrolyte balance. Amber has anti-bacterial and antiseptic properties; an amber tincture serves to strengthen the body's natural immunity, helps to mitigate cold symptoms, fever as well as rheumatic and muscle pain. Amber teething rings are given to infants to ease their pain. Amber and its derivatives are among the ingredients used in some contemporary medicines and cosmetics.